

NICK CLARE MEMORIAL RUN



9TH ANNUAL NICK CLARE MEMORIAL RUN
SATURDAY, MAY 1, 2010
5K & 10K RUN 8:30 AM · 2K WALK 8:45 AM

WHERE: Start and Finish at the Hastings Area YMCA, 85 Pleasant Drive, Hastings

Proceeds from the run will benefit the Nick Clare Foundation-funding scholarships and Y Partners

PACKET PICKUP: All pre-registered participants may pick up race numbers and T-shirts (10K and 5K only) starting at 7:30 a.m. on May 1. A limited number of T-shirts will be available for race day registrants. T-shirts are guaranteed for 10K and 5K participants registered by April 24, 2010. Participation ribbons will be given to 2K entrants. Additional T-shirts can be purchased for \$10 each.

QUESTIONS: Please visit www.nickclare.com or contact Jenny Wilcox at nickclarerun@yahoo.com or 763-732-3596

AWARDS: Awards will be given to the overall top three males and females in the 10K & 5K.

ENTRY FEES:

Registration is due April 24, 2010.

2K - FREE!

5K & 10K - \$23 (T-shirts are included in the 5K & 10K entry fee.)

LATE REGISTRATION: Registration after April 24, 2010 will be \$28

REGISTRATION FORM

Nick Clare Memorial Run - Saturday, May 1, 2010

Return to: Nick Clare Memorial Run, c/o Jenny Wilcox, 8498 Jensen Ave S. Cottage Grove, MN 55016

Name: _____
(please print) Last First

Address: _____
Address City State Zip

Email: _____ Phone: _____

Sex: F M Birthdate: _____ Age on Race Day: _____

RACE: 2K Walk - Free 5K - \$23 on or before 4/24/10, \$28 after 4/24/10
 10K - \$23 on or before 4/24/10, \$28 after 4/24/10

TSHIRT SIZE: Adult Small Medium Large X-Large

Make checks payable to: Nick Clare Memorial Run

WAIVER: I am entering this event at my own risk and assume all responsibility for injuries I may incur as a direct or indirect result of my participation. For my heirs, and myself, I agree not to hold the participating sponsors and their directors, employees and/or agents responsible for my claim.

Signature: _____
(Parent or Guardian must sign if participant is under age 18)